

# **Course Content**



## **NPORS N009 - Rough Terrain Lift Truck**

#### Aims

The aim of the rough terrain lift truck course is to provide candidates with the basic knowledge and practical skills involved in operating a Rough Terrain Forklift.

#### **Who Attends**

Potential and existing operators who have received no formal instruction and those requiring refresher training.

#### **Course Content**

- Have a basic understanding of the industry, the dangers of working in the industry and their responsibilities as a plant operator
- Have a working knowledge of the manufacturer's handbook for the machine to be used
- Be able to locate and identify the major components of the machine and explain their functions
- Be able to locate and identify steering, driving and braking controls and explain their functions
- Conduct all pre-operational checks in accordance with manufacturers and legislative requirements
- Safely mount and dismount the machine
- Start and stop the engine and safely move the machine off and stop it safely
- Configure the machine for travel and manoeuvre it safely laden and unladen, over varying terrain, rough ground, inclines, in open and confined areas
- Conduct all necessary safety checks at the work area
- Manoeuvre the machine to the work area and correctly configure in readiness to carry out lifting and load handling tasks
- Carry out lifting and load handling tasks
- Lift and transfer loads accurately and safely at different locations
- Load and unload external transport safely
- Fit, adjust and or remove attachments
- Demonstrate knowledge and understanding of loading and unloading procedures for machine transportation
- Carry out all end of shift and shut down procedures

## Course Duration

The novice course is a 5 day course which includes training and testing. If the candidate is experienced and/or already holds a qualification for this machine, they can attend testing only or a refresher course.

## Maximum Candidates

Maximum novices/refreshers: 3 candidates Maximum experienced workers: 4 candidates

## **Qualification Obtained**

Candidates will gain either a 5-year NPORS Traditional Operator card or a 2-year NPORS CSCS Trained Operator Card.

## **Entry Requirements**

Candidates must have passed the CITB Health Safety & Environmental test (within the last 24 months) to gain the NPORS CSCS Trained Operator card. This is not required for a Traditional card, although can be added to the card if requested.

## **Additional Information**

This course can be delivered onsite providing the onsite requirements are met.

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