

## **Course Content**



Management of Work at Height Training using Personal Fall Protection Equipment (Webinar)

#### Aims

- To provide options on how to comply within the work at height hierarchy of measures.
- A background in the types of equipment and systems that can be utilised to achieve this.
- The details behind the equipment standards to ensure usage within the intended purpose.
- An awareness of the criteria for issue, ID marking, inspection, record keeping, maintenance, storage and withdrawal from service of fall protection equipment.
- · An overview of work at height rescue planning.

#### **Who Attends**

This course is for anyone involved in planning, organising and supervising work at heights.

#### **Course Content**

- Legislation overview The Work at Height Regulations 2005 and Management of Health & Safety at Work Regulations.
- Work at height hazard analysis and risk assessments.
- Inspection and record keeping procedures.
- Planning work at height using the hierarchy of measures.
- Overview of collective measures scaffold systems, MEWPS's & soft-landing systems
- Overview and requirements of personal measures work restraint, work position, rope access and fall arrest
- Personal fall protection equipment use and limitations lanyards, fall arrest blocks, fixed fall arrest systems.
- Overview of safe use of ladders.
- Prevention of dropped objects.
- Planning for work at height evacuation and rescue.
- Identification of hazards related to work at height tasks.
- The correct selection of prevention/ protection within the Hierarchy
- Identification of appropriate evacuation and rescue techniques and equipment.

## **Course Duration**

This is a 1 day course.

# Maximum Candidates

Maximum attendees: 10 candidates

### **Qualification Obtained**

On successful completion candidates will receive a certificate valid for three years issued by Spanset.

### **Entry Requirements**

- Delegates must be 18 years and over.
- All delegates must be able to certify they are physically fit and have no medical conditions that might prevent
  them working at height prior to commencement of training. (A list of conditions that could affect practical
  training is available upon request. If in doubt, call our team on 01501 750900 for advice prior to booking).
- SpanSet reserves the right to exclude unsuitable delegates from training courses.

### **Additional Information**

\*PLEASE NOTE\* all online bookings are **provisional** until confirmed with you by our training team.

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