

**Course Content** 

# Fixed Ladder Rescue Training

SIBBALD

## Aims

This course is designed for operators who use fall arrest equipment to gain access and egress to structures using fixed protected & unprotected ladders. The aim of the course is to provide delegates with knowledge and practical experience of rescuing a suspended casualty from both energy absorbing lanyards & fixed vertical systems.

## Who Attends

Those who work from prefabricated units under 2.5m of height.

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## EQUIPMENT USED DURING TRAINING

- Full body/work position harnesses (EN:361/EN:358)
- Work position lanyard (EN:358)
- Double legged fall arrest lanyard (EN:355)
- Vertical fixed fall arrest system (EN:795)
- Gotcha EvaC Kit 2 (EN:12841)
- HaulerBiner 6:1 Pick-off Rescue

## COURSE SYLLABUS

#### Practical

- Safe access and egress of fixed protected & unprotected ladders using fall arrest lanyards & fixed fall arrest systems.
- Pre-use Inspection & basic operation of Gotcha Evac 2 & Haulerbiner (Rescue System).
- Cut-off rescue of suspended casualty using fall arrest lanyards
- Pick-off rescue of suspended casualty using fixed fall arrest system
- Casualty Management

#### **Course Duration**

This is a 1 day course.

**Maximum Candidates** 

Maximum attendees: 6 candidates

### **Qualification Obtained**

On successful completion candidates will receive a certificate valid for three years issued by Spanset.

- Delegates must have successfully completed SpanSet's Safety Harness Theory Training (or equivalent) with a
  minimum of 12 months validity.
- Delegates **must** be 18 years and over.
- All delegates **must** be able to certify they are physically fit and have no medical conditions that might prevent them working at height prior to commencement of training. (A list of conditions that could affect practical training is available upon request. If in doubt, call our team on 01606 738529 for advice prior to booking).
- SpanSet reserves the right to exclude unsuitable delegates from training courses.
- Delegates must have a good knowledge of written and spoken English

#### **Additional Information**

\*PLEASE NOTE\* all online bookings are **provisional** until confirmed with you by our training team.