

# ***Telescopic Material Handler***

## **The Aim of the Course is to:**

Provide the candidate with the basic knowledge and practical skills involved in operating the Forklift safely.

## **The Objectives of the Course are to enable delegates to:**

- Be able to operate the machine safely and correctly in accordance with manufacturers instructions and accepted good practice.
- Carry out a pre-shift inspection.
- Be able to load and unload vehicles and static racking.
- Understand the causes of instability of the truck and loads.
- Have sufficient knowledge and practical skills to successfully complete the NPORS assessment.

## **Who Should Attend The Course?**

All personnel required to operate a Forklift Truck.

## **Course Summary**

Candidates will participate in theory lessons and practical demonstrations / exercises, all of which are highlighted by the use of OHP & Videos covering;

- An Introduction to the Construction Industry
- Current relevant regulations
- Introduction to machine
- Pre . shift inspections
- Controls and instruments
- Components and main types of lift trucks
- Re . fuelling systems
- Coolant, fuel and lubrication systems
- Emergency controls
  - Manoeuvring over uneven ground
- Operators safety code
- Handling loaded / unloaded pallets and difficult shaped loads
- Loading and Unloading flat bed lorries and at various heights
- NPORS assessment, which includes Theory & Practical elements.

## **Course Duration**

This depends on the experience and number of candidates, the ratio of candidates / machines per Instructor.

## **Health & Safety Training / Testing**

It is recommended that all candidates complete the NPORS specific Health and Safety Course.

## **Testing / Certification**

All candidates will complete the NPORS assessment and on successful completion will be issued with an NPORS Operators Card.

**Telephone 01501 750900**

**Email: [email@sibbaldtraining.com](mailto:email@sibbaldtraining.com)**