

# First Aid at Work



## The Aim of the Course is to:

Train selected candidates to the required standard as directed by the Health & Safety Executive in the duties of an emergency first aider.

## The Objective of the Course is to:

Enable the emergency first aider to render the initial help necessary to give a casualty treatment for sudden injury or illness, until more professional help arrives.

## Who Should Attend The Course?

Personnel selected to be fully qualified first aiders.

## Course Summary

Candidates will participate in theory lessons and practical demonstrations / exercises and examinations all, of which are highlighted by the use of OHP & Videos covering :

- Principles of First Aid.
- Resuscitation.
- Bandaging.
- Asphyxia.
- CPR.
- Control of Bleeding.
- Circulatory failure.
- Fractures.
- Spinal Injuries
- Dealing with the Unconscious Casualty.
- Epilepsy.
- Diabetes.
- Hysteria.
- Eye Irrigation.
- Burns and scalds
- Poisons.

## Course Duration

4 Days

## Certification

Health & Safety Executive Approved Certification.

***Eligible companies are able to claim grants for this training, which will pay for a substantial amount if not all of the training costs, as this course is CITB approved for grant purposes.***

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